

OTHER STRATEGIES AND TECHNIQUES AVAILABLE TO THE DIRECTOR:

I avoid the counting off method of group subdividing, when we have four corners of the room where persons may self select in some meaningful way to form buzz groups, with report back to the group as a whole expected.

With a sociodrama in mind, one may have one end of the room represent concern with nuclear family and the other end family or origin. Or more specifi

A spectogram of polarities offers one the opportunity to place all family members, which the peers represent, somewhere along the continuum between, say, father and mother. Last of all one places oneself, and the director comments and checks with the protagonist whether what appears to be is in fact so. This may lead the protagonist to a rearrangement.

Or for middle aged protagonists the his older generation may be placed at one end and her's at the other. Where does the protagonist stand. Then another spectogram might be the entire older generation at one end and the entire younger generation at the other.

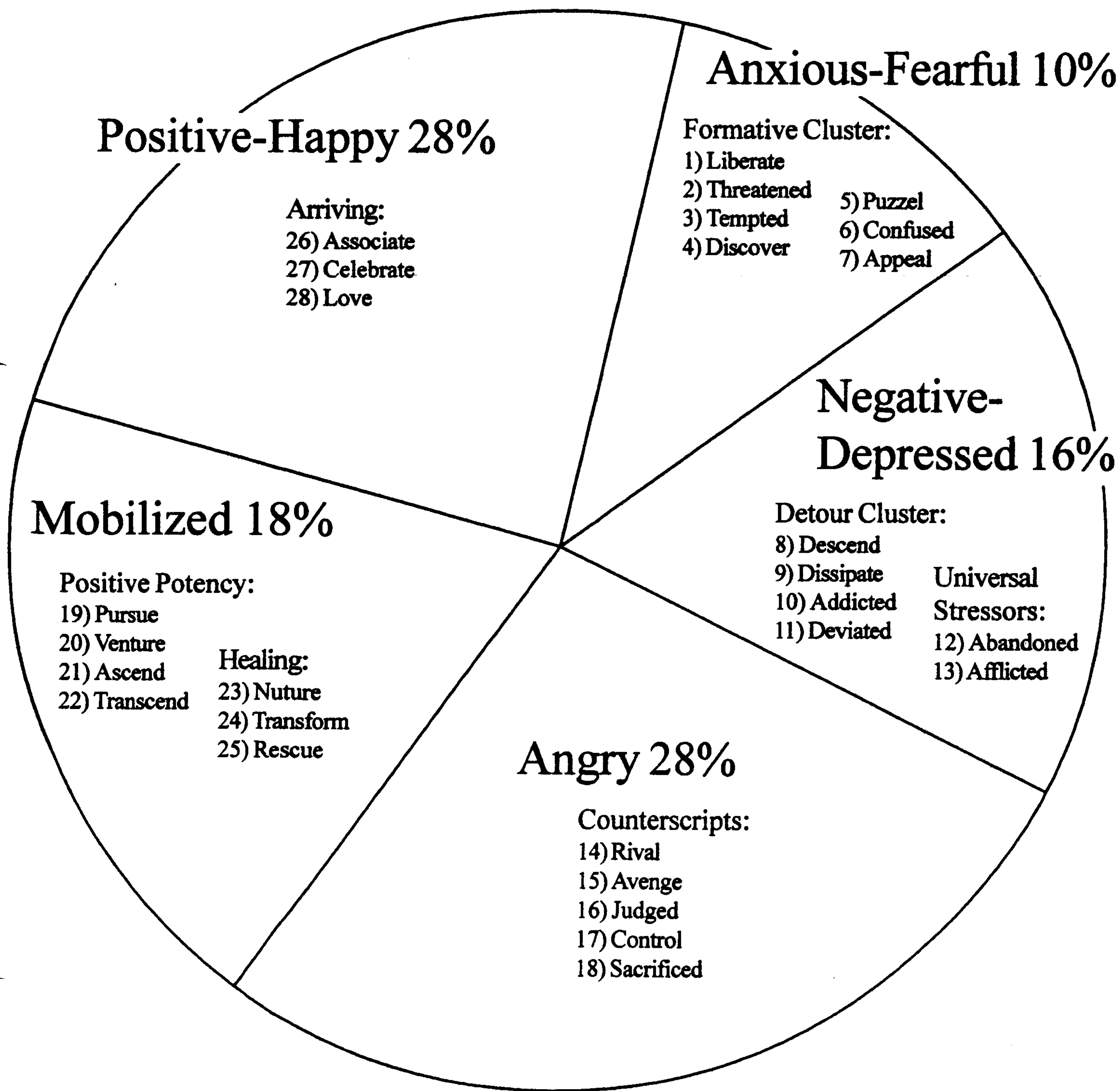
Another possibility is to put the protagonist at one end and everyone else on a continuum of distance in relation to the protagonist. This is like a Bogardus social distance scale.

Or one may imagine oneself at a center, like the bullseye of a target, and arrange everyone around him. This allows him to say something spatially about the relationships within the family to each other. Of course, this may approximate what we might have done with the action sociogram.

OFF THE TOP OF MY HEAD PROBABLE CROSS GENERATION PATTERNS:

1. parents in conflict. child develops symptom which brings them together.
The parentified child.
2. one parent fuses with a child, which renders other parent distant.
3. in-law remains fused with grown married child, which keeps spouse distant.
This may follow a same gender pattern or an opposite gender pattern.
4. Loss of a third may upset balance in the dyad.
whether through death, divorce, separation, abandonment.
5. Replacement of an emptied slot may call for realignments.
Likely to be a new stepparent.
6. Adoption, especially with death, or loss of custody.
7. Sibling rivalry over the favor of one parent or the other.
8. Siblings against the parents. Male coalitions. Female Coalitions. Order of birth.
9. Triangles resulting from affairs. Residual attachments with exspouses.
10. Violence, crimes against the person.
11. sexual abuse, incest, rape
12. Workaholics, caretakers
13. chronic illness, aging.
14. casualties of accidents, war, bankruptcy, fire, earthquake, flood.
15. victims of crime, or prosecution.
16. sudden good fortune. Wins the lottery.
17. any addiction
- 18 religious involvement not shared by others in family
- 19 political or sports rivalries.
20. insistence on one kind of music.
- 21 the management of money
- 22 family moving. Away from or toward?
23. fired, or involuntary transfers. conflict of interest.
24. pets, allergies.
25. physical ailments and other symptoms
26. neighborhood or school dangers.

Relationships Between Reported Feelings and Plots



ANXIOUS/ FEARFUL	NEGATIVE/ DEPRESSED	ANGRY	MOBILIZED	POSITIVE/ HAPPY					
<p>afraid,70 Anxious apathetic,90 apologetic, apprehensive apprehensive ,83 ashamed,83 bashful,75 careful, cautious,78 Confused, controlled, desperate, dissociated (2), edgy, embarrassed, 75 FEARFUL fearful (3) forlorn,85 fragile, giddy, gimpy, warped, WORRIED: helpless,80 humiliated,84 indecisive, lonely,88 meek,91 moody, nervous,86 obedient,58 obsessive, on edge,</p>	<p>meek,91 moody, nervous,86 obedient,58 obsessive, on edge, out of sorts, oversensitive, panicky,68 paranoid, pensive,77 perplexed, scared,67 screwed (3), self- conscious,83 sensitive (2) shame, shy, shy,72 stressed, stressful submissive,7 3 tentative, terrified (2), terrified,76 terrorized, timid,65 uncertain (2), Upset victim(2), vulnerable (3),</p>	<p>amazed,152 ambivalent,1 45 astonished,1 48 awed,157 beat, bewildered,1 40 bored, bored,136 burdened, confused,141 crying, depressed,12 5 despair, disappointd,1 37 discouraged, 138 disinterested, 127 distressed, empty,120 exhausted, gloomy,133 grief- stricken,127 guilty,102 heart-broken (2),</p>	<p>hesitant,134 hopeless,125 indecisive,13 4 Negative Tone not hopeful, overtired, overwhelmed (2 pain(2), passive perplexed,14 2 puzzled,138 rejected,136 remorseful,12 3 sad,109 sleepy, sluggishly, sorrowful,113 stale, stuck, suffering (3), surprised,147 Tired uncertain,139 unhappy,129 vascillating,1 37 watchful,133 weary, worried,126 wounded, wreck,</p>	<p>angry, 212 aggressive, 232 ALIENATED: annoyed, 201 antagonistic, 220 bitchy, bitter,186 blah (2), bored, cold, contemptus,192 contrary,184 cool (2), critical, 194 defiant, 231 demanding, 244 different, disagreeable,176 disgusted,161 disillusioned, disobedient, 243 displeased, 182 dissatisfied, 183 distrustful, 185 empty, envious, 160 exasperated,240 explosive, fed-up, furious, 221 greedy, 245 grouchy, 230 homicidal, horny, hostile, 222 hurt (2), impatient, 230</p>	<p>Indifferent, Indignant,175 Intolerant,185 Irritated,202 ISOLATED- jealous,185 loathful,193 mad. outraged, 225 possessive, 248 quarrelsome, 230 reclusive, resentful, 177 revenge, revolted,181 scornful, 227 stubborn,190 suspicious,183 thoughtless, trapped, unaffectionate,22 7 uncooperative,1 92 unfeeling unfriendly,188 unholy, unreceptive,170 unsympathetic,1 66 vengeful,186</p>	<p>adventurous,271 agitated (3), alert, anticipatory,257 boastful,257 bold, curious,261 daring,260 delighted,319 determined (3), eager,311 ecstatic,286 elated,311 energized, enthusiastic, 314 Excited,</p>	<p>expectant, 257 focused, Frustrated, gleeful, 207 hopeful, 298 hyper, impatient, impulsive, 255 inquisitive, 268 interested, 316 jerky, jumpy, Mobilized: planful, 270 proud, 262 pursuing. racing, reckless,261 resolved, silly, sociable,297 stronger, Tense: turbulent, uncontrolled, wondering,250</p>	<p>accepting,0 affectionate,52 agreeable,5 amused,321 anticipatory, attentive, 322 better, calm,37 caring, cheerful, 26 concerned (2), contemplative, content, 338 cooperative, 341 delighted, 319 generous, 328 Good happy, 324 helpful, hope, Hopeful: interested, 316 involved, joyful, 323 looking forward,</p>	<p>mellow (2), obliging, 43 outgoing (3), patient, 40 persevering, pleased,328 Positive Tone ready,329 receptive,32 relaxed (3), released, relieved (2), satisfied, 327 secure, self-controlled, 326 serene,12 smiling, stable, straightforward, sweet, sympathetic,331 tolerant,351 trusting,345 unguilty,</p>