

WHAT IS BIBLIODRAMA?

Bibliodrama is a special form of sociodrama that applies action methods to written or oral texts, especially the Bible. Through various action techniques using Biblical or other texts, the group explores thoughts and feelings, hopes and fears, individual and collective issues. The use of Biblical texts makes it especially powerful for religious and spiritual themes. By acting out Biblical scenes, God's wisdom, which can seem cold and distant, enlivens participants' understanding of themselves, each other and the world around them. It also helps them deepen their understanding of God's word as it is lived in the present moment and in the context of daily life. One's spirituality is deepened and lives are renewed as God's wisdom speaks through action. Within a secure and mutually supportive group atmosphere, participants are able to access their deepest connection with the Spirit as God's action in our lives becomes palpable through our interaction with others. The group's nurturing touch enkindles genuine concern, compassion and love of neighbor, and the freedom to practice it—live it—in everyday situations.